

301 - 1290 Hornby Street, Vancouver, BC V6Z 1W2 Tel: 604-734-1514 or 1-866-999-1514 (toll-free) Fax: 604-633-4241 Email: transhealth@vch.ca Web: http://www.vch.ca/transhealth

Transgender Community Support Groups

Within Metro Vancouver Area

Trans Youth Drop-In (THIP): Fridays (except last one each month) 6:30-8:30pm

Recreation and good snacks for trans youth and loved ones, 13 – 24 years old.

Where:1661 Napier St., Vancouver (Britannia Community Center – Seniors Lounge)

When: Group does not meet last Friday of each month.

For info: 604-734-1514 x5 or transyouthdropin@yahoo.ca

NOTE: no registration required

Trans Youth Group (In Surrey -South Fraser Region):

For 18 years or less and must reside in either Delta, White Rock, Surrey, Langley, or Ladner area.

Facilitated by Dr. Wallace Wong a registered psychologist.

When: every other Tuesday from 4:00 to 5:30.

For more info & where: Call Dr. Wong at (604) 501-3122

Parents of Trans Youth Group (In Surrey –South Fraser Region):

Parents of trans youth (18years or less), and the family must reside in either Delta, White Rock, Surrey, Langley, or Ladner area.

Facilitated by Dr. Wallace Wong a registered psychologist.

When: once a month on Tuesday from 5:00 to 6:30. For more info & where: Call Dr. Wong at (604) 501-3122

UBC Groups:

Trans Tea Time: facilitated by a trans identified person but is inclusive to all gender and sexual identities and non-identities. The time will be posted on the website when it is set for each semester.

Label Free Fridays: a discussion group which tries to bring the focus away from labels, this is in reference to both gender and sexuality. Discussion ranges in topics within a queer context and there are usually some discussions on issues surrounding labels.

Trans Day of Remembrance: a yearly event.

Note: As a general policy, anything that PrideUBC does is open to anyone of any gender, sexuality, race, age (except for events with liquor), ability and so on. They have a strict safe space policy and try to be respectful of all that wish to join. One can also join their listserve and start receiving emails by simply emailing them and requesting to be on the listserve.

Email: prideubc@gmail.com
Facebook: facebook.com/prideubc

Website: www.prideubc.com Call: 604-442-UBCQ (8227)

Tumblr: http://prideubc.tumblr.com/ Twitter: http://prideubc.tumblr.com/



301 - 1290 Hornby Street, Vancouver, BC V6Z 1W2 Tel: 604-734-1514 or 1-866-999-1514 (toll-free) Fax: 604-633-4241 Email: transhealth@vch.ca Web: http://www.vch.ca/transhealth

LGBT2SQ Drop-In Group (Prism/DAYTOX):

Ongoing support for addiction recovery and/or mental wellness. This open group welcomes everyone who identifies at being anywhere on the trans spectrum – and those who identify as lesbian, gay, bi, pan, queer, Two Spirit

Note: This is a drop-in group, registration is not necessary.

When: Thursdays 5:00-6:00 pm (ongoing)

Where: Daytox, 377E. 2nd Avenue

For Info: 604-658-1278 and ask to speak with Mitch or Heather

Sher Vancouver

Sher Vancouver is based out of Vancouver, B.C., but people from all over the world are welcome to join. Sher offers peer support, social activities, information, referral and outreach presentations. Sher would like to help inform, educate and bring about more acceptance and understanding. Everyone is welcome to join Sher, regardless of ethnicity, religious belief or sexuality.

Email: hervancouver@hotmail.com Website: http://www.shervancouver.com

Taking it Deep! Recovery, Sex and the Meaning of Life (Prism):

A group for gay, bi, queer & Two Spirit men to explore identity, intimacy, and other life issues in later recovery. **Trans guys welcome**.

 $\textbf{Note:} \ \mathsf{Pre-registration} \ \mathsf{is} \ \mathsf{required} \ \mathsf{for} \ \mathsf{this} \ \mathsf{group}.$

When: Thursdays 5:30 -7:00 pm (ongoing)
Where: Suite 310 - 1290 Hornby St, Vancouver

To Register: call Al at 604-714-3480

Mondays 5-7 pm "TRANS TAKING CARE OF BUSINESS" aka TTCB (THIP):

Trans-identified Sex Worker Group

A weekly Drop-In group; good food, good info, good support. Safe, Confidential.

For location & info: contact April at 604-734-1514 x4 or transhealth@vch.ca

Trans Gathering (Qmunity)

A weekly social gathering drop-in space, for all variations of trans-identified and gender-variant folks. Opportunity to connect, share, discuss, & learn in a safe & supportive environment. Significant others and family are welcome.

When: Every Monday, 6:30 – 8pm Where: 103 – 1033 Davie Street:

For info: please contact: 604-684-5307, ext. 112 or education@gmunity.ca



301 - 1290 Hornby Street, Vancouver, BC V6Z 1W2
Tel: 604-734-1514 or 1-866-999-1514 (toll-free) Fax: 604-633-4241

Email: transhealth@vch.ca Web: http://www.vch.ca/transhealth

GENDERQUEER Vancouver (Qmunity) NEW Listing

A fun and inclusive space for folk who identify outside the gender binary to connect and socialize.

When: The first and third Monday of each month from 6–7:30pm.

Where: Room 1, 1170 Bute St.

For info: please contact: 604-684-5307, ext. 112 or genderqueer@qmunity.ca

Trans & Gender Diverse Drop-In (CWHWC) NEW Listing

An informal and fun social drop in group.

Contact: 604-442-4352, or contactus@cwhwc.cam for more information.

When: Sunday Clinics (once per month) 3- 4:30pm. Where:1145 Commercial Drive (Reach Clinic).

For info: please contact: 604-442-4352, or contactus@cwhwc.com

FTM ETC:

FTM peer-run discussion/support group for anyone assigned female at birth, who is either questioning their gender identity, or identifies some or all the time as male. Anyone on the FTM spectrum welcome, regardless of what stage. Wheelchair-accessible.

When: 3rd Sat. of the month, 1-3 pm.

For Info and Where: Lukas W: ph/txt: 604-996-8169, bcftmnetwork@hotmail.com

Cornbury Society

A social, educational and support group that caters primarily to crossdressers, their partners and loved ones, and others who support them. Meetings can be social events, seminars on the various aspects of the craft of crossdressing, guest speakers, shopping trips and so on. Locations and dates provided only to members.

For Info: www.cornbury.org info@cornbury.org

Surrey Youth Alliance:

A drop-in support group for gay, lesbian, bisexual, transgender, transsexual, two-spirited, queer, and questioning straight youth between the ages of 14 and 21 in the Fraser Valley and surrounding area.

Where: The Newton Youth Resource Center at <u>13479 76 Ave</u>, in Surrey, BC.

When: 6-8:30pm Wednesday evenings

Rainbow Refugee Community: (Refugee Claim Support)

A drop-in group for anyone seeking information about a refugee claim based on persecution of their sexuality, gender identity or HIV status. It is facilitated by experienced volunteers, in English with bilingual Spanish and Arabic speakers. They can arrange for Farsi speaking too. Please let them know if there is another language needed.

Where: 1170 Bute Street, Vancouver, BC (Qmunity). **When**: 7:30pm every 2nd Thursday of the month



301 - 1290 Hornby Street, Vancouver, BC V6Z 1W2 Tel: 604-734-1514 or 1-866-999-1514 (toll-free) Fax: 604-633-4241 Email: transhealth@vch.ca Web: http://www.vch.ca/transhealth

Groups in Other Areas of BC

Vancouver Island

Courtenay Peer Support/Discussion Group:

A trans discussion group.

For location, when, & more information: Contact Roz rosalinhy@gmail.com

Nanaimo Youth Support Group: (Less than 19 years old.)

For info, when, and where: call Brigitte Lebar: 250-741-5444

Victoria Peer Support/Discussion Drop-In Group:

Open to trans-identified & anyone exploring their own gender identity issues. Opportunity to connect, share,

discuss, & learn in a safe & supportive environment.

For location, when, & more information: contact Robyn at rbnbrt@gmail.com or Amy at amerilia@gmail.com

BC Interior

Kamloops:

Safe Spaces runs a weekly support group for Trans youth up to 25 years of age. Individual support is also given to youth and adults as needed.

For Info: (250)371-3086

sspaces@interiorcommunityservices.bc.ca

Kamloops: Trans/Gender Queer Social Support Group

This is a support group for those who have the experience or identify as trans-Sexual, transgender, two-spirited, intersexed, gender queer, or anyone who fits on the gender spectrum. The group is for anyone 18 and older, and is based on a sliding scale of \$0-\$20.

For Info: Call Corey @ (250)299-6250

Where: Blue Room, Student Union Building, Thompson Rivers University.

When: 6-7:30pm; 1st and 3rd Thursday of the month

East and West Kootenay Region

Nelson, BC "Trans Connect"

Support and Resources for Trans/Gender Diverse People.

- Trans 101 workshops for service providers, police, educators, mental health workers, etc.
- Buddy System to connect rural trans folks with others.
- Peer-support/social groups in Nelson and Cranbrook.
- Resources and Referrals for Trans Folks living in rural communities.
- Community Forums.

Info: Christopher Moore 250-354-5362

Website: http://www.kootenaytransgender.com

Facebook: Kootenay Trans Folk



301 - 1290 Hornby Street, Vancouver, BC V6Z 1W2 Tel: 604-734-1514 or 1-866-999-1514 (toll-free) Fax: 604-633-4241 Email: transhealth@vch.ca Web: http://www.vch.ca/transhealth

Northern BC Region

Prince George, BC: Gender Outlines

GenderoutLines is a support, action, and discussion group for the Transgender community in Prince George. Transgender (Trans) is an umbrella term used to describe anyone whose gender identity or expression situates them differently than the traditional gender role they were assigned at birth. GenderoutLines welcomes not only Trans identified individuals but those who are questioning and their gender identity

For Info: (250)960-6461

Website: http://www.northernpridecentre.com

Email: prideunbc@gmail.com

Online

Vancouver Trans* Network: For trans, gender variant and questioning persons in the greater Vancouver area. To

share info and build community.

http://groups.yahoo.com/group/vancouvertrans/

Queer Breastfeeding Support: For FtM

http://www.milkjunkies.net/2012/08/queer-breastfeeding-support-via-skype.html

Mid Island Trans: This group is for trans, gender variant, crossdressing, and questioning people in Nanaimo and the Central Vancouver Island area.

MidIslandTrans-subscribe@yahoogroups.com

Kelowna Trans Resources: This site lists trans* services and resources in the greater

Kelowna area. http://kelowna.bctransresources.com

Vanguys: For FtM

http://groups.yahoo.com/group/vanguys/