

Transgender Support Groups:

NOTE: THP is unable to endorse groups that it is not directly involved with. Please contact the group directly. Scheduling sometimes changes; please call to confirm group details. We welcome additions.

Within Metro Vancouver Area

Thursdays 5:30-7:00 pm Thursday Tran Group (THP):

A facilitated trans discussion group open to anyone exploring their own gender identity issues. Not a therapy group. No pressure to talk.

Where: 1290 Hornby St, Vancouver

Info: transhealth@vch.ca

Call For Suite #: 604-734-1514 x2 (general info, no registration required)

Trans Youth Drop-In (THP): Fridays (except last one each month) 6:30-8:30pm

Recreation and good snacks for trans youth and loved ones. Peer facilitated.

Where: 1661 Napier St., Vancouver (Britannia Community Center – Seniors Lounge)

When: Group does not meet last Friday of each month.

For info: Fin: 778-773-3173 or transyouthdropin@yahoo.ca

NOTE: no registration required

PARENTS/GUARDIANS/FAMILY MEMBERS of Transgender Youth:

Info and resource-sharing group about concerns related to transgender issues.

Note: **Temporarily closed.** Contact:

Mondays 5-7 pm “TRANS TAKING CARE OF BUSINESS” aka TTCB (THP):

Trans-identified Sex Worker Group

A weekly Drop-In group; good food, good info, good support. Safe, Confidential.

For location & info: contact April at 604-734-1514 x4 or transhealth@vch.ca

Trans Youth Group (In Surrey):

For 18 years or less and must reside in either Delta, White Rock, Surrey, Langley, or Ladner area. Facilitated by Dr. Wallace Wong a registered psychologist.

When: every other Tuesday from 4:00 to 5:30.

For more info & where: Call Dr. Wong at (604) 501-3122

Parents of Trans Youth Group (In Surrey):

Parents of trans youth (18years or less), and the family must reside in either Delta, White Rock, Surrey, Langley, or Ladner area. Facilitated by Dr. Wallace Wong a registered psychologist.

When: once a month on Tuesday from 5:00 to 6:30.

For more info & where: Call Dr. Wong at (604) 501-3122

Trans Partner Support Group (Qmunity):

Welcome allies & family members in addition to partners.

When: 3rd Tuesday of the month, 7-9pm.

Where: 610 – 1033 Davie St. Buzz ‘610’ to get in!

* Wheelchair accessible*

For more info, please contact: 604-684-5307, ext. 112 or education@qmunity.ca

Positive Women's Network:

Different kinds of support groups for women (trans-friendly)

Contact: Sangam, the facilitator, for more information.

Info: <http://pwn.bc.ca/>

Call: 604-692-3000

Therapy for Transgender Youth (Ages, 16-24): **New Listing**

Fee is by donation, Insurance receipts provided for \$25 or more.

Donations for Saige Community Food Bank also accepted.

Where: Gastown

When: Every second Saturday, 3:30 - 5:30 pm

For Info: Dr. Melady Preece, R. Psych, at 604-685-5961 for initial interview.

UBC Trans Groups:

prideubc@interchange.ubc.ca

Info www.prideubc.com

Call: (604) 822-4638

Trans Substance Use Group (Prism/Robert & Lily Lee Health Centre):

Note: **Cancelled**

LGBT2SQ Drop-In Group (Prism/DAYTOX):

Ongoing support for addiction recovery and/or mental wellness. This open group welcomes everyone who identifies at being anywhere on the trans spectrum – and those who identify as lesbian, gay, bi, pan, queer, Two Spirit

Note: This is a drop-in group, registration is not necessary.

When: Thursdays 5:00-6:00 pm (ongoing)

Where: Daytox, 377E, 2nd Avenue

For Info: 604-658-1278 and ask to speak with Mitch or Heather

“Taking it Deep! Recovery, Sex and the Meaning of Life” (Prism/Robert & Lily Lee Health Centre):

A group for gay, bi, queer & Two Spirit men to explore identity, intimacy, and other life issues in later recovery. **Trans guys welcome.**

Note: Pre-registration is required for this group.

When: Thursdays 5:30 -7:00 pm (ongoing)

Where: Suite 310 - 1290 Hornby St, Vancouver

To Register: call Al at 604-675-3990

“ALL OF THE ABOVE: Trans Gathering” (Qmunity)

A weekly social gathering drop-in space, for all variations of trans-identified and gender-variant folks. Opportunity to connect, share, discuss, & learn in a safe & supportive environment.

When: Every Monday, 6-7:30pm

Where: 103 – 1033 Davie Street:

For info: please contact: 604-684-5307, ext. 112 or education@qmunity.ca

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Within Metro Vancouver Area (continued...)

FTM ETC:

FTM peer-run discussion/support group for anyone assigned female at birth, who identifies some or all the time as male.

When: 3rd Sat. of the month, 1-3 pm.

For Info and Where: Contact Sam: 604-683-2278 bcftmnetwork@hotmail.com

or Lincoln: lincoln.gibbons@gmail.com

Cornbury Society:

Is a social, educational and support group that caters primarily to crossdressers, their partners and loved ones, and others who support them. Meetings can be social events, seminars on various aspects of the craft of crossdressing, guest speakers, shopping trips and so on. Locations and dates provided only to members.

For Info: www.cornbury.org info@cornbury.org

Surrey Youth Alliance:

A drop-in support group for gay, lesbian, bisexual, transgender, transsexual, two-spirited, queer, and questioning straight youth between the ages of 14 and 21 in the Fraser Valley and surrounding area.

Where: The Newton Youth Resource Center at 13479.76.Ave, in Surrey, BC.

When: 6-9pm Wednesday evenings

Rainbow Refugee Community: (Refugee Claim Support)

A drop-in group for anyone seeking information about a refugee claim based on persecution of their sexuality, gender identity or HIV status. It is facilitated by experienced volunteers, in English with bilingual Spanish and Arabic speakers. They can arrange for Farsi speaking too. Please let them know if there is another language needed.

Where: 1170 Bute Street, Vancouver, BC (Qmunity).

When: 7:30pm every 2nd Thursday of the month

Rainbow Refugee Community: (Social Gathering)

An informal social gathering, and you can bring friends. Volunteers are available to answer questions/give information on a one on one basis if needed.

Where: 1170 Bute Street, Vancouver, BC (Qmunity).

When: 7:30pm, 4th Wednesday of the month

2 Mundos: (Qmunity)

2 Mundos es un grupo social gratuito para la comunidad Lésbica, Gay, Bisexual y Transgeneros.

4-6pm, dos Miércoles de cada mes, en Commercial Drive. Contactos education@qmunity.ca ó 604 684 5307 x 105 para mas detalles.

A free social group for Spanish-speaking Lesbian, Gay, Bisexual & Transgender people

Groups in Other Areas of BC

Lower Mainland

Abbotsford: (not currently running, March 2011)

Trans support group for all trans.

Vancouver Island

Courtenay Peer Support/Discussion Group:

When: Every Friday night.

For Info: Contact Roz rosalinhy@gmail.com

Nanaimo Youth Support Group: (Less than 19 years old.)

For info, when, and where: call Brigitte Lebar: 250-741-5444

Victoria Peer Support/Discussion Drop-In Group:

Open to trans-identified & anyone exploring their own gender identity issues. Opportunity to connect, share, discuss, & learn in a safe & supportive environment. **When:** The meeting is between 4pm and 7pm.

For location & more information: contact Amy at amerilia@gmail.com

BC Interior

Kamloops:

Safe Spaces runs a weekly support meeting for Trans youth up to 25 years of age; please contact the program coordinator, Kari Bepple for information on dates and times; Individual support is also given to youth and adults as needed.

For Info: Call Kari @ (250)371-3086

Kelowna, BC: Okanagan Transgender Drop-In

The Okanagan Transgender Drop-in is a peer support & discussion group for transgender, transsexual, genderqueer, two-spirit and intersex people in the Greater Kelowna area. We're open to all who are exploring their own gender identity. Evenings consist of informal talks, sharing of resources, coffee & movies.

Where: The Centre, 1476 Water Street in Kelowna (at the ORC Centre).

When: Weekly meetings on Thursdays from 7pm - 10pm.

For Info: Please contact trans@gayokanagan.com

Special Services/considerations:

- Skype for people who are in the general area, but can't attend.
- Facebook:
http://www.facebook.com/#!/home.php?sk=group_164908423552973&ap=1

East and West Kootenay Region

Nelson, BC

“Trans Connect”

- Support and Resources for Trans/Gender Variant People.
- Trans 101 workshops for service providers, police, educators, & mental health workers.
- Buddy System to connect rural trans folks with others.
- Peer-support/social groups in Nelson and Cranbrook.
- Resources and Referrals for Trans Folks living in rural communities.
- Community Forums.

Info: Christopher Moore 250-354-5362

Website: <http://www.kootenaytransgender.com>